

Membership Fee

A \$15.00 membership fee (per person) is due the first month that you join. **Accounts more than 90 days past due will require a new membership fee.**



Prorated Days

Payments are due on the 1st of each month. If you join on another day your first month will be prorated at \$1.00 a day.

General Information

Hours of Operation

Monday – Thursday
5:30 am – 9:00 pm

Friday
5:30 am – 7:00 pm

Saturday
8:30 am – 12:00 pm

Sundays
Closed

2009 Monthly Membership Dues- (Your first workout is free)

Rates include **unlimited** use of weights, cardio equipment and all group exercise classes.

Payment Options (EFT* or Monthly Billing)

Individual - 14 years and older

\$40.00 Monthly EFT*
\$45.00 Monthly by Cash or Check

Family – two or more people from same family / prices per person

\$35.00 Monthly EFT*
\$40.00 Monthly by Cash or Check

Group – three or more people employed by same company; three or more stay at home moms also included / prices per person

\$35.00 Monthly EFT*
\$40.00 Monthly by Cash or Check

Senior – 65 years and older

\$25.00 Monthly EFT*
\$30.00 Monthly by Cash or Check

Student – includes high school and full time college students; college students must present student I.D.

\$25.00 Monthly EFT*
\$30.00 Monthly by Cash or Check

Day Pass – includes access to all equipment and aerobics classes for one day

Individual-\$8.00
Senior Citizen, Student-\$5.00

* **EFT=Electronic Fund Transfer-Bank Draft**

* **A \$25.00 fee will be assessed on EFT's and checks returned due to insufficient funds.**

** **Sales Tax is included in all fees.**

*** **30 Days Written notice required to cancel membership.**

**** **Children are not allowed in any of the exercise areas.**

***** **Rates and Hours are subject to change.**

Customized Workouts are Available for a fee of \$25.00. This consists of a one-hour appointment during which a trained employee demonstrates the correct form and use of the strength training and cardio equipment as well as guiding the member in the amount of repetitions and weight needed to achieve his/her fitness goals. A personal record of the workout is prepared for the member to follow on subsequent visits.